

New Castle Presbyterian News

August 2013



Christian Education News

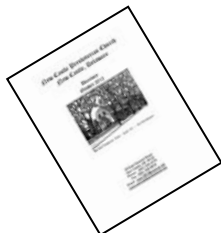


Vacation Bible School was a big success and there are many people to thank. The Breathe In Life Float at the Separation Day Parade was wonderful. Many thanks to the Rakers, Lynn Briggs and everyone else who volunteered. Amy Selheimer did a great job coordinating the meals and we would like to thank all the chefs who cooked our meals and everyone who donated food. Ellie Gerhart was very helpful the first two nights getting everyone registered and making them feel welcome. Kris Stone, Susan Townsend and Sonya Lattanzio volunteered at the craft table with Lisa and Kaitlyn Raker. And last, but not least, our caring and dedicated teachers! Pastor Nancy, Danika Dobson, Zach Dobson, Beverly Stoudt, Minerva Lermond, Lisa, Bruce, Kaitlyn, and Chris Raker, Ray Snyder and Janet Spring shared their time and talents with 17 children from the ages of 4 to 10. Our collection plate donations were sent to Presbyterian Disaster Relief to help those whose homes were destroyed in recent storms. Every day, the children saw how their money was used to rebuild a home in a lesson given by Pastor Nancy.

Beach Day in Avalon



A very special thank you to Corky and Jo Viola for sharing their lovely home in Avalon on June 21st. Although the weather was hot, there was a wonderful breeze on their front porch and it was a great day to sit, chat, relax, and share a delicious meal with friends.



Church Directory

The Church Directory is being updated. Please review your information and if there is anything that has changed, etc., new email, new phone numbers please contact the office at office@newcastlepreschurch.org or phone 302-328-3279. Thanks!

Mission and Outreach

Friendship House Breakfast - Sunday, September 1, 2013



Over the past six months, the kitchen in the church of St. Andrew and St. Matthew has been undergoing renovations. Because of this, the breakfast program had to be adjusted to continue feeding the homeless without the benefit of a working kitchen. The ever creative Bill Perkins, Director of Friendship House, suggested a "meal on the go" which involved peanut butter and jelly sandwiches and hard boiled eggs. During the month of May, some of our church youth, George Spock, Alex Barry and Gwendolyn Truman volunteered their time to make sandwiches and boil the eggs. We are very grateful for their efforts.

This coming September 1st, we will again be serving breakfast at the church of St. Andrew and St. Matthew at 8th and Shipley Street in Wilmington. The kitchen is completed so we will go back to the regular menu. We will need volunteers to help make the breakfast quiches on Saturday, August 31st at 3:00 p.m. and volunteers to serve on September 1st at 7:00 a.m. Volunteer sign up sheets will be available in the CE building during the month of August. We will also need food donations of 20 dozen eggs, 2 gallons of milk, 5 lbs. of ham, and 5 lbs. of cheese. A food donation list will also be available. Please have all food donations in the CE refrigerator by Friday, August 29th.

This is Labor Day weekend--so you might want to check your calendars. We have not usually served in September, but I asked to be taken out of the December rotation because we are all so involved with the Spirit of Christmas.

Stewards of Children-Darkness to Light Seminar

Sunday, September 22

5:30 to 8:00 p.m.

This program is designed to inform individuals about how to recognize and report sexual abuse of children. The fundamentals about healthy boundaries will be taught. Dr. Ruth Kirk, rector at Christ Episcopal Church will lead the discussion. The cost will be \$15.

This seminar is part of our church's efforts to provide a safe environment for children. The Session has recently approved a Sexual Misconduct Policy, which our most recent Book of Order requires all congregations to have. Part of that policy is a promise from all our ordained officers and workers with youth and children to abide by its terms, to pass a criminal background check and to attend training. This seminar is the first opportunity the Session is offering for such training.

Other members of the congregation and community are strongly urged to attend this important event. All of us need to know how to make a safe place for our children.

Five Tips to Elder Caregiving from the Board of Pensions, PC(USA)



It can happen without warning. Your father suddenly collapses from a stroke, and in that moment your lives are forever changed. He emerges from his recovery unable to think or speak clearly, pay the bills, or be trusted to use the stove safely. Once the unquestioned authority on any number of subjects, he can no longer be responsible for himself ... Or the progression may be more gradual, as it is with someone living with Parkinson's disease. Your once fiercely independent mother begins to lose her balance, needs help walking, and can no longer shop for groceries or complete other day-to-day tasks on her own. Unable to care for herself, she becomes withdrawn and depressed.

Regardless of how or when it happens, being faced with the responsibilities of elder caregiving can be overwhelming. Although it may feel as though things are spinning out of control, there are steps you can take to improve the situation and how you are feeling. Here are five tips¹ that can help you help yourself if you are the primary caregiver for an elderly parent or other loved one:

- **Get in Touch with Your Feelings.** At some point, you are likely to feel helpless, angry, or resentful, and then guilty for having these feelings. Or you may be feeling a tremendous sense of loss. It's important not to keep your feelings bottled up inside. Talk with friends or family about these feelings — it will help!
- **Make Time for Yourself.** Being the primary caregiver to an elderly person can isolate you. To maintain your emotional balance, it's important to do something for yourself. Arrange for a friend or family member to help out, and use your free time to do something relaxing or to pursue outside interests.
- **Use Support Services.** Investigate programs in your community that can help with caregiving, or get advice through your Employee Assistance Program (EAP), detailed below. Get referrals to social service agencies, home health agencies, and transportation systems. Some communities have day care programs for the elderly or those with specific needs.
- **Join with Other Caregivers.** Ask your doctor, community hospital, or public health department for referrals to support groups available to people providing eldercare, and consider joining in. Sharing your experiences with another caregiver can help you both.
- **Learn How To Communicate with Your Loved One.** Cognitive impairments caused by a stroke, dementia, or other neurological conditions can alter a person's ability to communicate. Learn all you can about the person's condition from a healthcare provider, and find out how you can connect with your loved one, given his or her impairment.

¹ Sources: "Eldercare," "Caring for the Caregiver," and "Tips for Communicating Effectively with an Elder," Cigna Behavioral Health



Meals on Wheels

HELP! We need Meals on Wheels delivery people for 2013. Call Susan Flook at 328-7346 if you are interested. Substitutes needed, too. No weekend deliveries. Thanks. Consider this as your call in Christ!

Our next delivery will not be till August 12-16. If anyone is interested in delivering meals to shut-in Seniors in the New Castle area, please contact the office at 302-328-3279.

Monday 12

Shirley Knox

Tuesday 13

Lois Barth
Joan Smith

Wednesday 14

Carol & Gene
Mayhew

Thursday 15

Cynthia Robbins
Nanette Nichol

Friday 16

Susan Flook
Ruth Moore



August Birthdays and Anniversaries

George Spock, 8/4
Zoey Burnett, 8/6
Alex Barry, 8/7
Rod Denison, 8/8
Leo Sotomayor, 8/10
Zoe Sotomayor, 8/10
Finn Duncan, 8/11
Megan Witt, 8/12
Bob Appleby, 8/14
Julie Barry, 8/15
Miranda Matthews, 8/16

Pat Adair, 8/30
Christine Knox, 8/18
Shirley Knox, 8/20
Arta Vitolo, 8/20
Ray Snyder, 8/23
Jeffrey Neel, 8/24
Gail Seitz, 8/24
Robert Swick, 8/26
Daniel Knox, 8/27
Sam Duncan, 8/28
Ron Studd, 8/28

Mark & Phyllis Stallard, 8/6
Ron & Susan Studd, 8/6
Cynthia Robbins & Steve Martin, 8/7
Chris & Laura Dunham, 8/8
Pat & Dave Taylor, 8/9
Carol & Gene Mayhew, 8/15
Phoebe & Robert Dill, 8/25
Mary & Herb Pratt, 8/27





Monthly Report

Look here each month for a statistical report on the life of the congregation:

Membership:

June.....	179
July	179

Income thru 07/01/13:

2013 Budget:	\$143,474.00
2013 Actual:.....	\$131,658.00

Expenses thru 07/01/13:

2013 Budget:	\$134,362.00
2013 Actual:.....	\$136,710.00

A New Hymnal

"O sing to the Lord a new song, for God has done marvelous things!"
 --Psalm 96

The Session of New Castle Presbyterian Church has recently authorized the purchase of a new hymnal for use in worship. The new hymnal was authorized by the 2004 General Assembly of our denomination and is the result of five years of preparation. Named *Glory to God*, the hymnal will be shipped this fall. The new hymnal contains over 800 hymns, psalms, and spiritual songs. Approximately 50% will be from the 1990 hymnal we are currently using. The remaining pieces will come from former Presbyterian hymnals, other denominational songbooks, and individual authors and composers. At New Castle Presbyterian, we have been using selections from *Glory to God* for the past two years in worship.

You are invited to contribute to the financing of this project. Envelopes are available in the pews to make a donation. The price of each hymnal will be \$18.00. You may dedicate your contribution in honor or in memory of a loved one, and this will be acknowledged on a nameplate in the front of the hymnal. Make checks out to New Castle Presbyterian Church with HYMNAL in the memo line. Please place in a pink envelope supplied in each pew.

The Worship Committee thanks you for your support of this new venture!

"To our God and Father be glory forever and ever. Amen."
 --Phil.4:20

Outreach/Fellowship Events 2013

The following events are planned by the Session for the second half of 2013.

September 22	5:30-8:30 pm w/ sandwiches	Seminar: Recognizing Child Abuse by Stewards of the Children: Darkness2Light
October 27	11:30 am Pot-luck Brunch	Annual Stewardship Brunch
November 24	7:30 pm w/ Refreshments	Ecumenical Thanksgiving Worship @ Hope Evangelical Lutheran Ch.
November 28	8:00 am Catered Breakfast	Thanksgiving Breakfast
December 14	10:00-5:00 Refreshments	Spirit of Christmas

Future Events:

- 1) A Seminar on Human Trafficking, particularly along the I-95 corridor, and what we can do about it.
- 2) The Presbyterian Historical Society will present a program on what its agency does to preserve and promote the records of the Presbyterian Church (U.S.A.). Our sister churches of presbytery and nearby presbyteries will be invited.

You are invited to add to our list! Please contact any ruling elder or Pastor Nancy with your ideas of how we might promote fellowship amongst us and reach out to the community and make new friends!

Bears to Good Homes



Many of our Bears that Care have gone on to new homes, cheering those who receive them. Now we need more bears to send out into the community. Our Adoption Box is empty, but will hold small to medium sized bears, all colors and fuzziness that you might want to donate. Realize that these Bears may sit on hospital nightstands or at home on bureaus, where they can best remind their adopters that they (and we) care. They receive appropriately colored collar ribbons and tags that say they have attended worship and are bringing greetings to their receivers. The basket for Bears to take to your friends and family is at the back of the Meeting House, on your way out into the waiting world. The Adoption Box is near the exit door or under the display case in the Christian Ed building.

Thank you so very much for donating Bears to give. They do their mission in a quiet, furry way.

-- Linda Twyford and the Deacons

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Office Hours: 8:30 a.m. - 12:30 p.m.

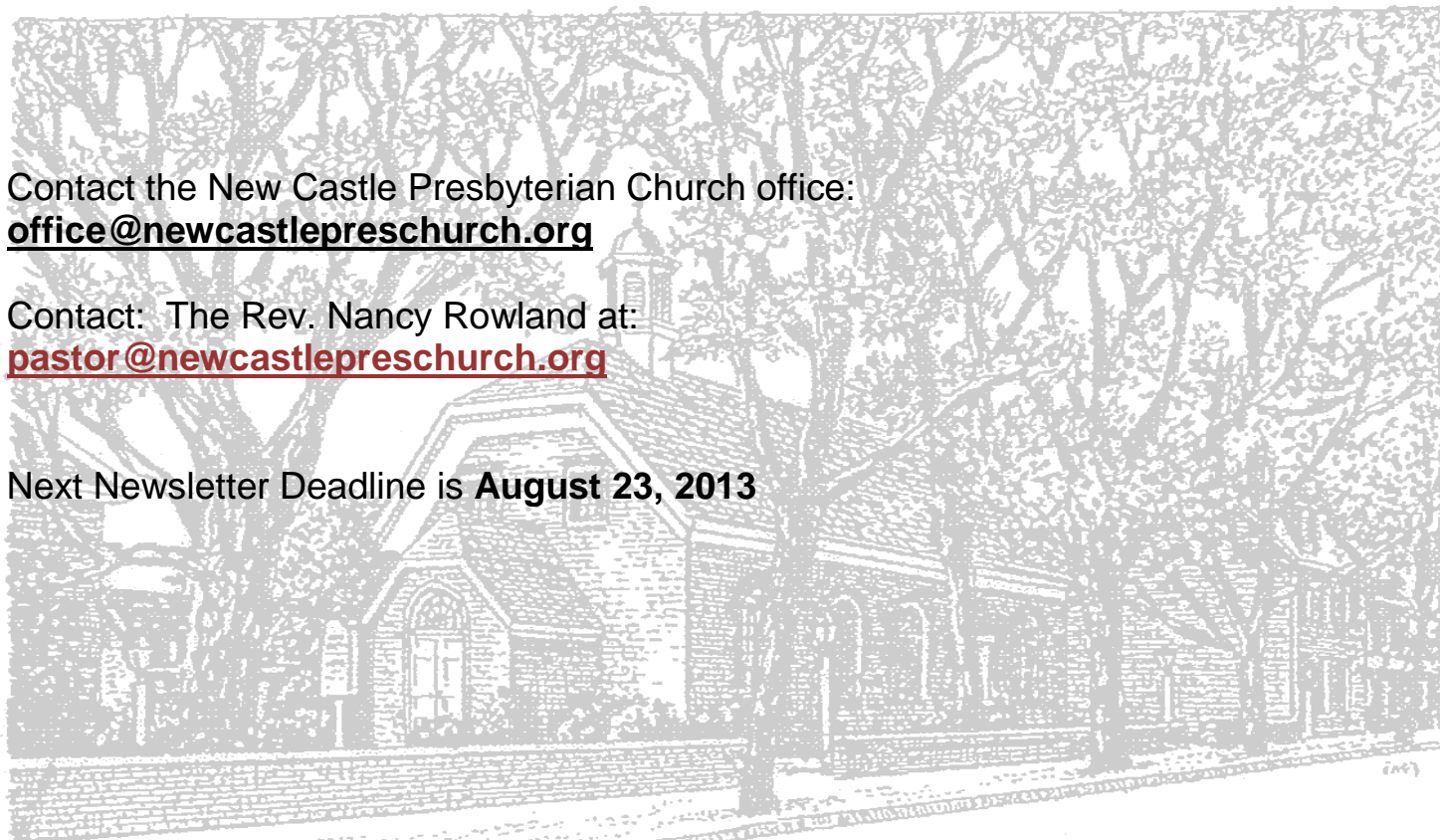


Address Change
Requested

Contact the New Castle Presbyterian Church office:
office@newcastlepreschurch.org

Contact: The Rev. Nancy Rowland at:
pastor@newcastlepreschurch.org

Next Newsletter Deadline is **August 23, 2013**



New Castle Presbyterian Church ~ Built 1707 ~ New Castle, Delaware